April 15, 2020

1. [Click here for Jessica’s Crawl and Hop Circle time April 15 2020]
2. **Choose an activity to do with your child (click on the link)**
   a. See attached an outdoor movement and chalk activity from our dear Davana!
   b. If you have a printer you can print out the *5 Little Ladybugs* poem to have your children play with the props and try to remember the poem and practice rhyming words and math skills of taking away the lady bugs when they fly away.
   c. [Watch this neat scorpion video from California Academy of Sciences](#)
   d. **Bug in a Rug Game** – You can have members in the family or used stuffed animals or toys that the child has at home.
      1) Have family members or toys or stuffed animals sit in circle and select a 'guesser' – you and your child can take turns
      2) The guesser then goes over to the corner and covers their eyes
      3) Choose one person or item to be the 'bug' and get them to sit in the center of the circle, under the blanket.
      4) Then you can chant 'bug in a rug, bug in a rug, come and see the bug in a rug'
      5) The guesser, then surveys the group to try to remember who is missing and takes a guess at who the bug is - they can guess until they are correct and then the game starts all over again.

3. [Lady Bug song with Jessica](#)
4. [Lady Bug official You Tube song](#)
1) **Spring Animal Walks**- Do the bunny hop, frog jump, and lamb crawl from one side of the room to the other. Think: wheelbarrow walks, crab walks, donkey kicks, and bear walks with a Spring theme!

2) **Roll a small ball or a therapy ball up and down a wall.** Use painters tape to make a ball maze or a straight line like the stem of a Spring flower. “Walk” the ball up the wall to shoulder height and then back down again. Get the ball to the top of the step to create the flower!

3) **Cheerio Caterpillars**- String cheerios on a piper cleaner.

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4) **Name Hop: Gross Motor Activity with Paper Plates.**
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