

CEID



Mach 27,2020



1. [Click here to watch today's circle time video](#)
2. Choose an activity to do with your child
 - [Make ORIGAMI bunny](#)
 - [Practical life fun, folding laundry](#)
 - Scissors practice, coloring (pdf attachment to print)

Exercise to choose:

- [Animal exercise for kids with animals](#)
- [Yoga for kids with animals - Smile and Learn](#)
- [Back to the Farm: Kids Yoga, Music & Movement with Bari Koral](#)

3. [Food on a farm by Arleide](#)
4. [Click here to watch goodbye circle video](#)

For Origami activities : Your child can color a square paper. Then s/he can fold the paper with your support. Or they can just draw eyes and a mouth. Make many bunnies, draw different faces Happy, Angry, Sad... You can count them. You can hide them in the house and do a bunny hunt game. Or do a bunny puppet show.

For folding activities : Please make sure to say encouraging words like, "Yay, you are a good helper!" "It was fun to do folding with you!" "We could finish folding fast so I have time to do a puzzle with you!"

For cutting activities : There are 5 pages in the attached file. Please pick the ones which would work for your child. If you do not want to print out anything to save the Earth, your children can cut some scrap pieces of paper that you don't need. Children can be shredder machines. If you have old magazines, you can look for some colors/shapes/letters and let your child cut them.

Kindergarten readiness activities : Taking Turns

At home you might think it is not easy to teach how to take turns, but let's see what we can do at home.

Do you cook? When you cook, take turns to add ingredients in a pot or take turns to mix the ingredients.

If you can say let's count 10 then we switch, your child is also learning to count. If counting to 10 is too difficult for your child, start with 3 or 5 and work up to 10. You can also use a phone timer or a physical timer if your child needs something visual.

Do you do laundry? You can say "I will put my red shirt in the machine, now your turn."

Your child can say " I will put my blue shirt in."

You can say " My shirt is bigger than yours." "Now I put 5 things in, then your turn."

Your child can learn to take turns, colors, size and counting. It's also helpful to practice turn taking at times that are not stressful and more playful for your child. When you are playing with your child and you both feel calm, try role playing taking turns and make it fun! Children learn through play and are able to practice skill building and strategies.

Do you do any board games or memory games like matching cards?

Since this is not an easy time for any children to learn any social skills, I will still encourage everyone to learn together. You can pretend you are 3 years old and try to fight for toys or choosing which story to read.

Some words we can use for taking turns, "It's my turn." "Your turn." "Let's use a timer." "Let's make a plan." For older children, involve them in the turn-taking process by saying words like "let's make a plan" or "what do you think we should do?" and help them figure out ways to solve the problem on their own. It's important that children understand that "sharing" does not mean they need to give up what they are playing with right now, but they need to make a plan to share eventually ("I'll use it for 2 more minutes", "let's play with it together", or "i'll give it to you when i'm done").

Turn taking with your toddler/preschooler video (ONLY 0:35) <https://youtu.be/XyNTKSm69Gs>

a link to a good visual timer:

https://www.amazon.com/KSM-UP-Hourglass-Sandglass-Decoration/dp/B07FYB7MSP/ref=sr_1_3?dchild=1&keywords=timer+children&qid=1585147736&sr=8-3

