

# CEID



**May 1st, 2020**



1. [Click here to watch today's circle time video](#)
2. Choose an activity to do with your child
  - Spring counting activity/ Make your spring garden.(to print)
  - Let's go outside and look for Spring signs!
  - ["Spring is Here" read by Arleide and signed by Davana](#)
  - [Visit CEID garden by Susie and Setsuko](#)
3. [Click here to watch goodbye circle video](#)

## Kindergarten readiness : Using words to express their needs and feelings

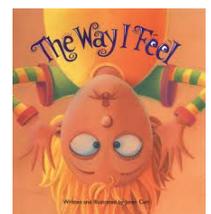
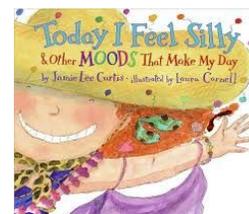
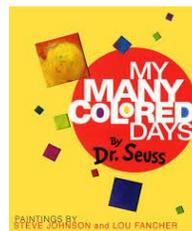
I wonder how children and their families are going through this strange time emotionally. If I were at school, I would like to read stories to children and learn together from the stories. So I did online search and found a link. [21 Picture Books about Feelings & Emotions](#). I will share three of my favorite stories which we can look at on Youtube. Please click the underlined book titles, so that you can enjoy the stories with your children. From these stories, we can learn that it is okay to have different feelings but it is good to know how to express your feeling without hurting others.

[My Many Coloured Days by Dr. Seuss](#)

[Today I Feel Silly by Jamie Lee Curtis](#)

[The Way I Feel by Janan Cain](#)

I also found another article related with kindergarten readiness. please read more on the link below if you would like to know other 4 social skills that are important for Kindergarten. Learning to express feelings in a socially appropriate way is vital to a successful academic



career. By kindergarten, children should be able to use their words to express how they feel. If they can't do this, and instead choose to hit, scream, or throw things, they'll experience a tremendous amount of difficulty in the classroom. Not only will they be less likely to have their needs and wants met, they'll probably experience social difficulties with their peers as well. It's important for them to learn more constructive ways of expressing their emotions, and to respect the feelings and needs of others as well. (Excerpt from [5 Social Skills That Are Important for Kindergarten](#))

